

AdRad.com 203.337.XRAY (9729)

MAGNETIC RESONANCE IMAGING (MRI) Exam Reference / Protocol Guidelines

For additional information on MRI and other radiologic exams, please consult the American College of Radiology's ACR Appropriateness Criteria[®] document found at www.ACR.org.

AREA OF INTEREST HEAD, NECK & CHEST	BODY PART EXAM	REASON FOR EXAM	IV CONTRAST	PROCEDURES TO PRE-CERT	CODES
	BRAIN	Neoplasm/Mets or infection, MS, cranial neuropathy (Bell's, trigeminal neuralgia, acoustic neuroma), focal neurological deficit, headaches (new onset in cancer patient, arteritis, positional), new onset seizures, ataxia, pituitary abnormalities	YES	MRI Brain with and without	70553
		Stroke, TIA, migraines and typical headaches, dementia, concussion/TBI, memory loss	NO	MRI Brain without	70551
	MRA HEAD (Please note: MRA Head and MRV Head cannot be	Evaluate for aneurysm or intracranial stenotic disease, vertebrobasilar insufficiency, carotid or vertebral dissection, pulsatile tinnitus, first degree relative with aneurysm	NO	MRA Head without	70544
	performed on the same day)	Known AVM	YES	MRA Head with and without	70546
	MRV HEAD	Concern for dural sinus thrombosis, dural sinus stenosis	NO	MRA Head without	70544
	ТМЈ	Pain, clicking (check insurance, a limited number of plans provide coverage)	NO	MRI TMJ without	70336
	SOFT TISSUE NECK/FACE	Head and neck cancer, palpable lumps, adenopathy, infection	YES	MRI Soft Tissue Neck with and without	70543
	MRA NECK	Carotid stenosis, vertebrobasilar insufficiency, dissection, vasculitis, FMD	YES	MRA Neck with and without	70549
	CHEST	Mass, neoplasm, pectoralis tear	NO	MRI Chest without	71550
		Cardiac mass, mediastinal mass, chest wall mass	YES	MRI Chest with and without	71552
		Aortic dissection, Aortic aneurysm	NO	MRA Chest	71555
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BODY PART EXAM	REASON FOR EXAM	IV CONTRAST	PROCEDURES TO PRE-CERT	CODES
LIVER	Hemangioma, cirrhosis, hepatitis, increased LFTs, hepatoma, cholangiacarcinoma, metastasis	YES	MRI Abdomen with and without	74183
MRCP	Billiary obstruction, jaundice	NO	MRI Abdomen without	74183
ADRENAL GLANDS	Hypertension, pheochromocytoma, mass, lesion	YES	MRI Abdomen with and without	74183
KIDNEY	Mass, lesion, metastasis	YES	MRI Abdomen with and without	74183
PANCREAS	Pancreatitis, mass, lesion	YES	MRI Abdomen with and without	74183
MRA	Renal artery stenosis, hypertension, mesenteric artery stenosis, ischemic bowel	YES	MRA Abdomen with AND/OR without	74185
ENTEROGRAPHY	Crohn's disease, small bowel tumor	YES (plus oral)	MRI Abdomen with and without MRI Pelvis with and without	74183 72197
PELVIS (GENERAL)	Proximal hamstring tear, sports hernia, fracture	NO	MRI Pelvis without	72195
, <i>,</i>	Bony pelvis for lesion, mass, infection, metastasis, bladder tumor, rectal cancer	YES	MRI Pelvis with and without	72197
MALE PELVIS	Prostate cancer staging or localization (3T recommended)	YES	MRI Pelvis with and without	72197
FEMALE PELVIS	Uterine fibroid, adenomyosis, urethral diverticulum, bicornate uterus, ovarian mass, endometriosis, metastasis	YES	MRI Pelvis with and without	72197
	Uterine fibroid embolization	YES	MRI Pelvis with and without MRA Pelvis with	72197 72198
	EXAM LIVER MRCP ADRENAL GLANDS KIDNEY PANCREAS MRA ENTEROGRAPHY PELVIS (GENERAL) MALE PELVIS HALE	LIVERHemangioma, cirrhosis, hepatitis, increased LFTs, hepatoma, cholangiacarcinoma, metastasisMRCPBilliary obstruction, jaundiceADRENAL GLANDSHypertension, pheochromocytoma, mass, lesionKIDNEYMass, lesion, metastasisPANCREASPancreatitis, mass, lesionMRARenal artery stenosis, hypertension, mesenteric artery stenosis, ischemic bowelENTEROGRAPHYCrohn's disease, small bowel tumorPELVIS (GENERAL)Proximal hamstring tear, sports hernia, fracture Bony pelvis for lesion, mass, infection, metastasis, bladder tumor, rectal cancerMALE PELVIS PELVISProstate cancer staging or localization (<i>3T recommended</i>)FEMALE PELVIS endometriosis, metastasisUterine fibroid, adenomyosis, urethral diverticulum, bicornate uterus, ovarian mass, endometriosis, metastasis	EXAMEXAMCONTRASTLIVERHemangioma, cirrhosis, hepatitis, increased LFTs, hepatoma, cholangiacarcinoma, metastasisYESMRCPBilliary obstruction, jaundiceNOADRENAL GLANDSHypertension, pheochromocytoma, mass, lesionYESKIDNEYMass, lesion, metastasisYESPANCREASPancreatitis, mass, lesionYESMRARenal artery stenosis, hypertension, mesenteric artery stenosis, ischemic bowelYESENTEROGRAPHYCrohn's disease, small bowel tumorYESPELVIS (GENERAL)Proximal hamstring tear, sports hernia, fracture bladder tumor, rectal cancerNOMALE PELVIS PELVISProstate cancer staging or localization (<i>3T recommended</i>)YESFEMALE PELVIS endometriosis, metastasisYES	EXAMCONTRASTPRE-CERTLIVERHemangioma, cirrhosis, hepatitis, increased LFIs, hepatoma, cholangiacarcinoma, metastasisYESMRI Abdomen with and withoutMRCPBilliary obstruction, jaundiceNOMRI Abdomen withoutADRENAL GLANDSHypertension, pheochromocytoma, mass, lesionYESMRI Abdomen with and withoutKIDNEYMass, lesion, metastasisYESMRI Abdomen with and withoutPANCREASPancreatitis, mass, lesionYESMRI Abdomen with and withoutPANCREASPancreatitis, mass, lesionYESMRI Abdomen with and withoutMRARenal artery stenosis, hypertension, mesenteric artery stenosis, ischemic bowelYESMRA Abdomen with and withoutENTEROGRAPHYCrohn's disease, small bowel tumorYES (plus oral)MRI Abdomen with and withoutPELVIS (GENERAL)Proximal hamstring tear, sports hernia, fracture bladder tumor, rectal cancerNOMRI Pelvis with and withoutMALE PELVIS PELVIS (JENERAL)Uterine fibroid, adenomyosis, urethral diverticulum, bicornate uterus, ovarian mass, endometriosis, metastasisYESMRI Pelvis with and withoutFEMALE PELVIS







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AREA OF INTEREST MUSCULOSKELETAL	BODY PART EXAM	REASON FOR EXAM	IV CONTRAST	PROCEDURES TO PRE-CERT	CODES	
	UPPER EXTREMITIES (NO JOINT) Humerus, forearm (radius/ulna), hand	Fracture or stress fracture	NO	MRI upper extremity without	73218	
		Mass, lesion, metastasis, infection	YES	MRI upper extremity with and without	73220	
	UPPER EXTREMITY JOINTS					
<image/>	SHOULDER	Labral tear, Bankart lesion, SLAP tear, history of instability/dislocation, post-op rotator cuff repair	Arthrogram	MRI joint with IR joint arthrogram	73222	
		Rotator cuff tear, biceps tendon tear, fracture, avascular necrosis, muscle tear	NO	MRI upper extremity joint without	73221	
	ELBOW	Ulnar collateral ligament tear	Arthrogram	MRI joint with IR joint arthrogram	73222	
		Biceps tendon tear, osteochondritis dissecans	NO	MRI elbow without	73221	
		Tennis elbow, lateral epicondylitis, common extensor tendon, ERCB tear	Consider IV contrast	MRI elbow with and without	73223	
	WRIST	Triangular fibrocartilage tear, scapholunate ligament tear	Consider Arthrogram	MRI joint with IR joint arthrogram	73222	
		Occult fracture, tendon tear	NO	MRI upper extremity joint without	73221	
		Osteomyelitis, septic arthritis, tumor, mass, metastasis, cellulitis, infection	YES	MRI upper extremity joint with and without	73223	
	FINGERS	Tendon tear, fracture, muscle tear, Stener lesion, collateral ligament tear	NO	MRI upper extremity joint without	73221	
		Osteomyelitis, septic arthritis, tumor, mass, cellulitis, infection	YES	MRI upper extremity joint with and without	73223	



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AREA OF INTEREST **MUSCULOSKELETAL**



BODY PART EXAM	REASON FOR EXAM	IV CONTRAST	PROCEDURES TO PRE-CERT	CODES
LOWER EXTREMITIES: Femur, Tibia/Fibula (see FOOT below)	Fracture, stress fracture, shin splints	NO	MRI lower extremity without	73718
	Mass, lesion, metastasis, osteomyelitis	YES	MRI lower extremity with and without	73720
LOWER EXTREMITY	JOINTS			
HIP (Please note: Bilateral hips = 73721 x 2)	Fracture, stress fracture, avascular necrosis	NO	MRI lower extremity without	73721
	Labral tear, femoroacetabular impingement	Arthrogram	MRI lower extremity with	73722
KNEE	Meniscus tear, ACL tear, MCL tear, osteochondritis	NO	MRI lower extremity without	73721
	Post-op partial menisectomy, ACL reconstruction	Arthrogram	MRI lower extremity with	73722
ANKLE/HINDFOOT: Exam protocols are area- specific and cannot be com- bined with other areas in the same appointment.	Achilles, posterior tibial tendon, peroneus brevis/longus, fracture, stress fracture, plantar fascitis, tarsal tunnel	NO	MRI Ankle/Hindfoot without	73721
		Consider IV contrast	MRI Ankle/Hindfoot with and without	73721
MIDFOOT: Exam protocols are area- specific and cannot be com- bined with other areas in the same appointment.	Fracture, stress fracture, Lisfranc injury	NO	MRI Midfoot without	73718
FOREFOOT: Exam protocols are area- specific and cannot be com- bined with other areas in the same appointment.	Morton's neuroma, mass, lesion, osteomyelitis, tendonopathy, plantar plate	YES	MRI Forefoot with and without	73720



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BODY PART

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AREA OF INTEREST

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PROCEDURES

IV

CODES

72141

72156

72146

72157

72148

72158

72195

72197

CONTRAST **TO PRE-CERT** EXAM EXAM **SPINE** Neck pain, radiculopathy, trauma **MRI** Cervical Spine CERVICAL NO without SPINE Prior surgery, concern for neoplasm YES **MRI** Cervical Spine or infection, myelopathy, MS, syrinx with and without THORACIC Thoracic back pain, radiculopathy, **MRI** Thoracic Spine NO trauma without SPINE Prior surgery, concern for neoplasm YES **MRI** Thoracic Spine or infection, myelopathy, MS, syrinx with and without LUMBAR Low back pain, radiculopathy, NO **MRI** Lumbar Spine SPINE trauma, spondylolisthesis without Prior surgery, concern for neoplasm YES **MRI Lumbar Spine** or infection with and without SACRUM Pain, trauma, insufficiency fractures NO MRI Pelvis without Concern for neoplasm or infection YES MRI Pelvis with and without

REASON FOR



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MRI SAFETY

Magnetic Resonance Imaging (MRI) uses a magnetic field, combined with radio waves to create very detailed images of the body's organs, tissues, and internal structures. MRI exams do not use ionizing radiation or cause pain. The magnetic fields do not produce any known tissue damage or side effects. Most implants placed in the body during surgery or other procedures are safe for MRI. However, to ensure patient safety, **ALL** implants must be checked prior to the MRI exam. Certain implants may cause distortion of images if they are located near the area being scanned. It is also important that we are informed of any other foreign objects in the body, or any injuries to the body involving metal.

To make our MRI exams as safe as possible for our patients, we require the following patient information:

- The patient's age, weight, and current medications
- Patient's medical history: Renal failure, diabetes, high blood pressure?
- History of recent surgery, or surgery on the area to be scanned
- Is there any possibility the patient could be pregnant?

CONTRAST

Generally speaking, contrast dye is recommended whenever there is the possibility of a tumor or infection in any body part. Certain MRI exams require the injection of contrast dye, called gadolinium, into a vein to help clarify images and provide for improved interpretation. Although gadolinium does not contain iodine, recent findings have shown that gadolinium-based contrast agents increase the risk of nephrogenic systemic fibrosis (NSF) in patients renal insufficiency. Therefore, we have adjusted our screening guidelines to ensure the highest safety standards for patients.

ADVANCED RADIOLOGY MRI WEIGHT LIMITS

Fairfield: 440 lbs. (550 lbs. for certain exams) Orange: 440 lbs. (550 lbs. for certain exams) Stamford: 440 lbs. (550 lbs. for certain exams) Stratford: 350 lbs. Shelton: 350 lbs. Trumbull: 440 lbs. (550 lbs. for certain exams)

CLAUSTROPHOBIA

Our technologists are specifically trained to assist those patient who may suffer from clautrophobia. Most claustrophobic patients have successful exams. Some patients may require a mild oral sedative prescribed by their doctor.

- The date and reason for any previous MRI exams
- Has the patient ever had any type of cancer?
- Description and model numbers of any implanted devices
- Does the patient have a chest port?

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